

Transition to new Primary class

- List of strategies that work at present / have worked in the past.
- List of known triggers / things to avoid saying and doing.
- Known de-stressors.
- Same visuals used.
- Photographs of new teacher, class, cloakroom, lining up place etc that can go home and be discussed over the holidays with parents to prepare for change.
- Visits to new class as appropriate, with and without children present.
- Visits with new teacher.
- Possible comforters, familiar toys, games to go to new class at end of term so child knows these will be there when he returns.
- Known distracters
- Possible class buddy / role models.
- Seating arrangements.
- Remember to keep language simple and direct, use visuals where appropriate.
- Have timetabled de-stress / chill out times daily.
- Lunch / break arrangements.
- Early morning / last thing routine.
- Use timer to warn of change.
- Assembly. Does the pupil go to assembly and if not what do they do instead? Where do they do this? Who supervises?
- Staff liaison.
- New staff member to contact parents to establish two-way communication as to the needs of their child.
- Passport.
- Things that help me / things that may upset me card.
- De-stress area / room for times of need.

