

Key Messages for Social Partners



1 Maintain routines

Where possible try to keep some familiar routines going

2 Create new routines

Some new daily and social routines, will introduce some fun and predictability to time at home

3 Plan movement breaks

These can help maintain feelings of calmness and focus

4 Use objects as visual supports

To prepare for the start and finish and to make choices

5 Play their way

Play is many different things, go with what the child likes just now

6 Be a responsive partner

Notice what individuals say and do and respond to that

7 Everything in life is learning

You learn different things with different people and that's okay

For more tips and resources visit

www.thirdspace.scot/NAIT